

# WEEK 1

Allergy information  
available on request

8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 2nd Sept, 23rd Sept, 14th Oct

<b>MONDAY</b>	Pasta Bake (v)	Broccoli and Cauliflower Rice Bake (v)	Pasta with Lentil Tomato Sauce	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Hot Seasonal Vegetables	Pear and Ginger Muffin / Cake Fruit/Yoghurt
<b>TUESDAY</b>	Margherita Pizza (v)	Roasted Vegetable Gnocchi bake (v)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Hot Seasonal Vegetables	Fruit Jelly Fruit/Yoghurt
<b>WEDNESDAY</b>	Roast Chicken with Roast Potatoes and Gravy	Roasted Vegetable Quesadilla with Roast Potatoes (v)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Hot Seasonal Vegetables	Cheesecake Fruit/Yoghurt
<b>THURSDAY</b>	Chicken Curry with Rice	BBQ Buffalo Cauliflower Wings with Rice (v)	Pasta with Lentil Tomato Sauce	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Hot Seasonal Vegetables	Coconut Summer Rice Pudding Fruit/Yoghurt
<b>FRIDAY</b>	Chicken Sausage with Chips	Veggie Nuggets with Tomato and Sweetcorn Salsa and Chips (ve)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese	Hot Seasonal Vegetables	Strawberry Mousse Fruit/Yoghurt



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.



**WEEK 2**

Allergy information  
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15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 9th Sept, 30th Sept, 21st Oct

<b>MONDAY</b>	Mac and Squash Cheese (v)	Pasta Primavera (ve)	Pasta with Lentil Tomato Sauce	Hot Seasonal Vegetables	Chocolate and Orange Cookie  Fruit/Yoghurt
<b>TUESDAY</b>	Korean Glazed Chicken Burger with Slaw	Veggie Sausage Traybake with Mash (v)	Pasta with Lentil Tomato Sauce	Hot Seasonal Vegetables	Carrot Cake  Fruit/Yoghurt
<b>WEDNESDAY</b>	Roast Chicken with Roast Potatoes and Gravy	Spiced Quorn with Roast Potatoes or Wedges (v)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Hot Seasonal Vegetables	Fruity Jelly Crunch Pot  Fruit/Yoghurt
<b>THURSDAY</b>	Asian Chicken Noodles or Rice	Thai Veggie Fried Rice (v)	Pasta with Lentil Tomato Sauce	Hot Seasonal Vegetables	Spiced Pumpkin and Beetroot Cake  Fruit/Yoghurt
<b>FRIDAY</b>	Crispy Baked Fish with Chips	Onion Bhaji and Chutney Wrap with Chips (v)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Hot Seasonal Vegetables	Wasty to Tasty Dessert  Fruit/Yoghurt



Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt  
available daily as an alternative to the dessert of the day.



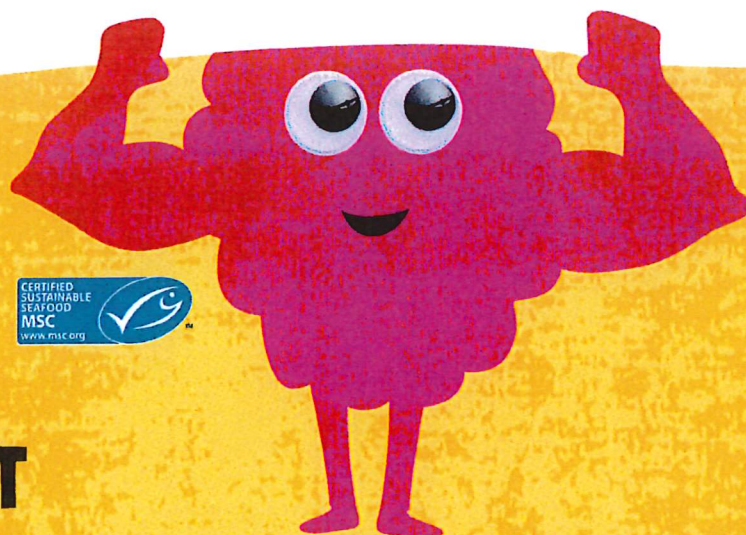
Allergy information available on request

**WEEK 3**

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 16th Sept, 7th Oct

<b>MONDAY</b>	Margherita Pizza (v)	Crispy Noodles (ve)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Hot Seasonal Vegetables	Pear Sponge with Chocolate Custard Fruit/Yoghurt
<b>TUESDAY</b>	Tuscan Chicken with New Potatoes	BBQ Baked Beans and Cheese Pastry Pocket with New Potatoes (v)	Pasta with Lentil Tomato Sauce	Hot Seasonal Vegetables	Ginger Cake Fruit/Yoghurt
<b>WEDNESDAY</b>	Roast of Chicken with Roast Potatoes and Gravy	Vegan Sausage with Roast Potatoes and Gravy (ve)	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Hot Seasonal Vegetables	Baked Rice Pudding with Fruit Compote Fruit/Yoghurt
<b>THURSDAY</b>	Jerk Chicken with Rice and Peas	Sticky Korean Cauliflower with Vegetable Rice (ve)	Pasta with Lentil Tomato Sauce	Hot Seasonal Vegetables	Garden Brownie Fruit/Yoghurt
<b>FRIDAY</b>	Oven Baked Fish Fingers with Chips	Cheese and Tomato Pizza Pinwheel with Chips (v)	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw	Hot Seasonal Vegetables	Easiyo Mousse Fruit/Yoghurt



**FOODSMART**  
Be More  
FOR BODY AND BRAIN

**AiP**  
ALLIANCE + PARTNERSHIP